



Harvest

Assisted Living, Memory Care,
Skilled Care, Hospitals,
Independent Living,
Rehab Care, Senior Centers

2018 Menu Program Options

We have expanded our menu program options to offer additional options for our customers as we know each of your communities is different and needs vary.

CWD’s Hard Copy Menu Program Option - The CWD “tried & true” hard copy menu program is still available. We offer two seasonal (Spring/Summer and Fall/Winter) six-week cycles – a “traditional” health care cycle; and an upscale cycle. Each menu set includes weekly menus with alternate choices, daily menu spreadsheets with therapeutic diet options, weekly purchase guides based on CWD products, quantified recipes, customizable resident select menus, detailed nutritional analysis reports for each therapeutic diet, cost reports, and a menu resource manual to assist you in implementing the menus into your facility. Menus are provided in hard-copy format and also as pdf and excel files on a jump drive.

Web-Based Menu Option – CWD has partnered with Health Technologies to offer our customers web-based menu solutions. Health Technologies Dining Manager gives you the option of choosing a five-week traditional menu or a five-week selective menu, each with therapeutic diet extensions. Recipes and menus are customizable and product information is integrated with CWD’s inventory. Production reports as well as PPD menu cost analysis and recipe census adjustments are available at your fingertips. Health Technologies also offers a MealCard system that is integrated with their web-based menus as well as Tableside Restaurant Dining options.

Upscale Senior Living Menus – This four-week cycle includes two meals per day & assumes the community is doing “cook to order” breakfasts. The main meal (lunch) includes two entrée and two vegetable options as well as featured starch, bread, and dessert. The evening meal includes a featured soup of the day, entrée, fruit or vegetable, optional side, and dessert. Quantifiable recipes are available on the CWD portal. **Therapeutic diet extensions are not available for this menu cycle.**

Senior Center

CWD also offers a menu program for Senior Centers/Meals on Wheels programs. State regulations vary, so contact us for more information about our menu program options.

CWD’s Senior Center menus are written quarterly. They include six planned meals/week to allow for flexibility for the Center to meet their client’s needs. Quantified recipes as well as nutritional analysis reports are included in your menu package.

For more information about the CWD menu programs, contact Heidi at (308)237-3151 Ext 7123 or Heidi.wietjes@cashwa.com.



CWD Menu Order Form

(All pricing is based on Prime Vendor Status – customer purchasing at least 85% of their foodservice products from CWD).

Please circle the menu package you are ordering.

CWD Hard Copy Menu Program (Six-week cycle with therapeutic diets).

Menus printed in hard copy format & arranged in notebooks \$350/cycle
Menus with electronic files (recipe book & other reports in pdf and excel files) \$100/cycle
Menu customization, if available, will be billed at an hourly rate.

Web-Based Menus from Health Technologies

Dining Manager \$250/community semi-annually
Includes Customizable recipes, menus, and ingredients/products
MealCard \$110/community semi-annually
Includes resident profile creator & option to incorporate MenuBuilder

Upscale Senior Living Menus (Four-week cycle featuring lunch & dinner menus)

No therapeutic diets are included. Recipes, Nutritional Analysis, and food cost data are available in DishDesign. \$50/cycle

Senior Center Menu Program

Quarterly menus specific for Senior Centers & Meals on Wheels Programs. See Senior Center Menu Order Form for more information.

Customer Information

Please ship me the menu package ordered above:

CWD Customer Number _____

Customer Name: _____

Facility Representative Name: _____

Facility Representative Signature: _____

Title: _____

Date: _____