



CWD Nutrition Services—Health Care Menu Program

CWD Nutrition Services Department—Heidi Wietjes, MS, RD, LMNT, LD

The CWD Health Care Menu Program has been recently updated. We have two menu program options for you to select from:

New Menu Format!

- Traditional Four Week Cycle Menus—Spring/Summer Cycle & Fall/Winter Cycle
- Upscale Six-Week Cycle Menus—Spring/Summer Cycle & Fall/Winter Cycle

Each menu set includes: weekly menu calendars with alternate choices, daily menu spreadsheets with therapeutic diet options, weekly purchase guides based on CWD products, quantified recipes, detailed nutritional analysis for each diet/each day, and a menu resource guide to assist you in implementing the CWD Health Care Menu Program into your facility.

Menu calendars are included with and without alternate menu choices.

Daily menu spreadsheets include the following diets: Regular, Small portions, Puree, Mechanical Dysphagia, No Added Salt, Consistent Carbohydrate, Heart Healthy Fortified, Finger Foods, 2 Gram Sodium, Modified Renal, and the following calorie controlled diets—1200, 1500, 1800, 2000.

Quantified recipes are included for all recipes in the menus. Recipes are quantified for 5, 10, 25, 50, 75, and 100 portions.

Detailed nutritional analysis reports are included for all diets/all days as well as average nutrition for each week and the complete menu cycle.

Weekly shopping lists with CWD product codes will help you to purchase the needed products for your menus.



For More Information, contact:

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Menu Samples and Pricing

Menu Pricing

(CWD Prime Vendor Customers purchasing at least 85% of foodservice items from CWD):

Menus Printed in Hard Copy Format \$350/Cycle

Menus with Electronic Recipe Book (pdf format) Daily Menu Spreadsheets (excel format), and Nutritional Analysis Book (pdf format). Other reports sent hardcopy. \$100/Cycle

***Customers purchasing less than 85% of their foodservice purchases from CWD—call for menu program pricing.*

When placing an order, please specify either four or six-week menu cycle.

All menu customization will be billed by the hour. Call for price estimates.

Menus based on Iowa Simplified Diet Manual (Eleventh Edition) available from Blackwell Publishing Ltd.

Comptrition® Hospitality Suite Select used for menu nutritional analysis.

CWD Health Care Menu Program Order Form

CWD Customer Number: _____

Facility Name: _____

Please ship me the following menu package:

___ 2014 Spring/Summer Four Week Menu Cycle ___ 2014 Spring/Summer Six Week Menu Cycle

___ 2014-15 Fall/Winter Four Week Menu Cycle ___ 2014-15 Fall/Winter Six Week Menu Cycle

(Fall/Winter menu cycle will be available in September 2014)

I would like the Menus in the following format (See format descriptions above):

___ Hard Copy Format

___ Electronic Format

I understand that my account will be billed for the menu package I have selected when my menus are shipped. I understand that any menu customization that I request will be billed to my account at an hourly rate based on the time needed to complete the project.

Facility Representative Signature: _____

Title: _____